

	Meal Components (per serving size)	kJ	kcal	Fat g	Sat Fats g	Carbohydrate g	Sugars g	Fibre g	Protein g	Salt g
BASE CHOICE	Vegetable Chow Mein - Small	1036	246	5.6	0.6	43.4	0.2	3.6	7.4	2.16
	Vegetable Chow Mein - Regular	1295	308	7.0	0.7	54.3	0.3	4.5	9.3	2.70
	Vegetable Chow Mein - Large	1554	369	8.4	0.8	65.1	0.3	5.4	11.1	3.24
	Egg Fried Rice - Small	1576	372	5.8	0.8	75.0	0.4	3.0	6.4	1.06
	Egg Fried Rice - Regular	1970	465	7.3	1.0	93.8	0.5	3.8	8.0	1.33
	Egg Fried Rice - Large	2364	558	8.7	1.1	112.5	0.6	4.5	9.6	1.59
	Cauli Rice - Small	196	46	0.2	0.1	6.8	4.0	3.0	2.8	1.70
	Cauli Rice - Regular	245	58	0.3	0.1	8.5	5.0	3.8	3.5	2.13
	Cauli Rice - Large	294	69	0.3	0.2	10.2	6.0	4.5	4.2	2.55
FLAVOUR BOOSTS	Savoury One	36	9	0.1	0.0	1.4	1.0	0.0	0.4	1.86
	Sweet One	88	21	0.0	0.0	5.1	4.4	0.0	0.1	0.55
	Spicy One	88	21	0.2	0.0	4.6	4.1	0.2	0.1	0.37
TOPPING CHOICES	Coconut Crave Chicken - Small	663	160	10.0	5.5	5.4	0.0	2.0	12.9	1.50
	Coconut Crave Chicken - Regular	468	113	7.1	3.9	3.8	0.0	1.4	9.1	1.06
	Coconut Crave Chicken - Large	468	113	7.1	3.9	3.8	0.0	1.4	9.1	1.06
	Coconut Crave Chicken - Topper Pot	761	183	11.5	6.3	6.2	0.0	2.3	14.8	1.72
	Hoisin Duck - Small	580	138	3.4	0.6	11.0	8.8	2.3	16.9	2.28
	Hoisin Duck - Regular	386	92	2.2	0.4	7.4	5.8	1.5	11.3	1.52
	Hoisin Duck - Large	386	92	2.2	0.4	7.4	5.8	1.5	11.3	1.52
	Hoisin Duck - Topper Pot	676	161	3.9	0.7	12.9	10.2	2.7	19.7	2.66
	No Beef Teriyaki - Small	425	101	2.3	0.3	14.6	3.6	3.5	7.3	0.94
	No Beef Teriyaki - Regular	283	67	1.5	0.2	9.8	2.4	2.3	4.9	0.62
	No Beef Teriyaki - Large	283	67	1.5	0.2	9.8	2.4	2.3	4.9	0.62
	No Beef Teriyaki - Topper Pot	708	168	3.8	0.5	24.4	6.0	5.8	12.2	1.56
	Caramel Drizzle Chicken - Small	1060	253	10.8	1.7	23.6	9.2	0.7	15.7	1.78
	Caramel Drizzle Chicken - Regular	706	169	7.2	1.2	15.8	6.2	0.5	10.5	1.18
	Caramel Drizzle Chicken - Large	706	169	7.2	1.2	15.8	6.2	0.5	10.5	1.18
	Caramel Drizzle Chicken - Topper Pot	1369	327	14.0	2.2	30.5	11.9	0.9	20.3	2.29
	Chinese Chicken Curry - Small	765	184	9.0	3.4	8.8	2.2	2.7	11.3	1.89
	Chinese Chicken Curry - Regular	553	133	6.5	2.5	6.4	1.6	2.0	8.1	1.37
	Chinese Chicken Curry - Large	553	133	6.5	2.5	6.4	1.6	2.0	8.1	1.37
	Chinese Chicken Curry - Topper Pot	999	240	11.8	4.5	11.5	2.8	3.5	14.7	2.47
	Salt & Pepper Chicken - Small	871	208	10.0	1.0	14.8	1.9	1.2	15.4	2.38
	Salt & Pepper Chicken - Regular	581	138	6.6	0.7	9.8	1.3	0.8	10.2	1.58
	Salt & Pepper Chicken - Large	581	138	6.6	0.7	9.8	1.3	0.8	10.2	1.58
	Salt & Pepper Chicken - Topper Pot	1125	268	12.9	1.3	19.1	2.5	1.6	19.8	3.07
	Salt & Pepper Potatoes - Small	631	150	10.0	1.5	12.4	2.6	0.8	2.1	0.49
	Salt & Pepper Potatoes - Regular	421	100	6.7	1.0	8.3	1.8	0.5	1.4	0.32
	Salt & Pepper Potatoes - Large	421	100	6.7	1.0	8.3	1.8	0.5	1.4	0.32
	Salt & Pepper Potatoes - Topper Pot	920	219	14.6	2.2	18.1	3.9	1.1	3.0	0.71
	Sweet & Sour Chicken - Small	906	216	8.3	1.0	23.8	13.8	2.6	13.0	1.60
	Sweet & Sour Chicken - Regular	679	162	6.2	0.8	17.9	10.3	1.9	9.7	1.20
	Sweet & Sour Chicken - Large	679	162	6.2	0.8	17.9	10.3	1.9	9.7	1.20
	Sweet & Sour Chicken - Topper Pot	1104	263	10.1	1.2	29.1	16.8	3.1	15.8	1.95
	Soy-Mazing Chicken - Small	972	232	10.6	1.2	19.6	4.9	1.2	15.4	3.60
	Soy-Mazing Chicken - Regular	648	154	7.0	0.8	13.0	3.3	0.8	10.2	2.40
	Soy-Mazing Chicken - Large	648	154	7.0	0.8	13.0	3.3	0.8	10.2	2.40
	Soy-Mazing Chicken - Topper Pot	1507	359	16.4	1.8	30.3	7.6	1.9	23.8	5.58
	Firecracker Chicken - Small	1560	373	18.7	2.1	32.2	14.9	2.6	20.3	3.57
	Firecracker Chicken - Regular	1170	280	14.0	1.5	24.1	11.2	1.9	15.2	2.68
	Firecracker Chicken - Large	1170	280	14.0	1.5	24.1	11.2	1.9	15.2	2.68
	Firecracker Chicken - Topper Pot	1463	350	17.6	1.9	30.2	14.0	2.4	19.1	3.35
	Cherry Kiss Chicken - Small	1256	299	13.3	1.4	24.8	9.3	0.1	20.3	2.40
	Cherry Kiss Chicken - Regular	942	224	10.0	1.0	18.6	7.0	0.0	15.2	1.80
Cherry Kiss Chicken - Large	942	224	10.0	1.0	18.6	7.0	0.0	15.2	1.80	
Cherry Kiss Chicken - Topper Pot	1452	346	15.4	1.6	28.7	10.7	0.1	23.5	2.78	
Chicken Katsu Curry - Small (4 Pieces)	1830	438	23.6	6.0	20.8	1.2	0.7	23.5	2.04	
Chicken Katsu Curry - Regular (3 Pieces)	1455	349	17.9	5.2	16.9	1.0	0.7	17.9	1.73	
Chicken Katsu Curry - Large (3 Pieces)	1455	349	17.9	5.2	16.9	1.0	0.7	17.9	1.73	
Pumpkin Katsu Curry	895	215	7.3	3.4	22.9	2.9	1.7	3.2	1.13	

	Meal Components (per serving size)									
	kj	kcal	Fat g	Sat Fats g	Carbohydrate g	Sugars g	Fibre g	Protein g	Salt g	
SIDE CHOICES	Katsu Curry Sauce Portion - Small	330	80	0.8	2.8	5.4	0.5	0.7	1.1	0.78
	Katsu Curry Sauce Portion - Large	661	160	1.6	5.6	10.7	1.0	1.4	2.2	1.57
	<b>FLAVOUR SAVOUR</b> Mini Crispy Chicken Balls (5) + DIP	818	195	8.5	1.2	21.6	8.6	1.1	9.3	1.79
	Mini Crispy Chicken Balls (10)	1135	272	13.9	1.4	21.2	0.8	1.7	16.3	1.24
	Mini Crispy Chicken Balls (15)	1703	408	20.8	2.1	31.8	1.2	2.5	24.4	1.86
	Mini Crispy Chicken Balls Sharer	2786	667	34.0	3.5	52.1	1.9	4.1	40.0	3.05
	Fries (Selected stores only)	1154	0	38.2	5.2	44.0	1.0	3.8	4.6	1.20
	<b>FLAVOUR SAVOUR</b> Katsu Chicken Strips (2) + DIP	1000	239	13.0	2.1	18.6	8.6	0.3	12.3	1.79
	Katsu Chicken Strips (3)	1125	269	17.1	2.4	11.6	0.5	0.0	16.8	0.95
	Katsu Chicken Strips (5)	1874	448	28.5	4.0	19.3	0.9	0.0	28.0	1.58
	Katsu Chicken Strips (10)	3749	896	57.1	8.1	38.5	1.8	0.0	56.0	3.15
	Prawn Cracker Bag - 60g <b>NEW</b>	1213	289	13.2	1.0	41.3	3.7	0.8	1.0	1.31
	Vegetable Spring Rolls (3)	587	140	7.7	0.7	16.0	1.3	1.3	2.3	0.61
	Vegetable Spring Rolls (5)	978	234	12.9	1.2	26.6	2.2	2.2	3.9	1.01
	Vegetable Spring Rolls (10)	1956	468	25.8	2.5	53.3	4.4	4.4	7.8	2.03
	Vegetable Spring Rolls (15)	2934	702	38.7	3.7	79.9	6.5	6.5	11.7	3.04
	<b>FLAVOUR SAVOUR</b> Crispy Vegetable Gyoza (2) <b>NEW</b>	343	82	3.1	0.3	11.9	1.8	1.4	2.2	0.49
	Crispy Vegetable Gyoza (3)	514	122	4.7	0.5	17.9	2.6	2.1	3.3	0.74
	Crispy Vegetable Gyoza (5)	857	204	7.8	0.8	29.8	4.4	3.5	5.5	1.23
	Crispy Vegetable Gyoza (10)	1714	408	15.6	1.6	59.6	8.8	7.0	11.0	2.46
	Apple Pie Rolls (2)	682	163	5.8	0.5	26.8	7.9	2.4	1.9	0.11
	<b>FLAVOUR SAVOUR</b> Apple Pie Rolls (2) + 30g Caramel Dip	1105	264	8.1	2.0	46.6	20.9	2.4	3.2	0.40
	Apple Pie Rolls (5) + 30g Caramel Dip	2127	508	16.9	2.9	86.7	32.7	6.0	6.1	0.58
	Apple Pie Rolls (5) + 2 x 30g Caramel Dip <b>DELIVERY ONLY</b>	2550	609	18.4	4.4	106.5	45.7	6.0	7.4	0.87
	<b>KIDS</b> meal deal - Noodles and Vegetable Spring Rolls <b>NEW</b>	1095	261	9.9	1.0	38.5	1.3	2.9	6.0	1.67
	<b>KIDS</b> meal deal - Noodles and Chicken Balls <b>NEW</b>	1199	286	11.1	1.1	34.4	0.6	2.8	13.5	1.83
	<b>KIDS</b> meal deal - Egg Fried Rice and Vegetable Spring Rolls <b>NEW</b>	1247	296	9.5	1.0	48.7	1.3	2.4	5.1	1.04
	<b>KIDS</b> meal deal - Egg Fried Rice and Chicken Balls <b>NEW</b>	1351	321	10.8	1.2	44.6	0.6	2.3	12.5	1.20
	Sweet Chilli Sauce Dip Pot <b>NEW</b>	208	49	0.1	0.0	11.7	11.1	0.2	0.2	0.63
	Firecracker Sauce Dip Pot <b>NEW</b>	199	51	0.2	0.0	11.0	10.0	0.3	0.3	1.02
	Chinese BBQ Sauce Dip Pot <b>NEW</b>	161	40	0.2	0.0	8.9	8.2	0.1	0.2	0.48
	Caramel Sauce Dip Pot <b>NEW</b>	423	101	2.2	1.4	20.1	16.7	0.0	0.1	0.24
	Dip Pot - Sweet Caramel Sauce 30g	423	101	2.3	1.5	19.8	13.0	0.0	1.3	0.29
Dip Pot - Chinese BBQ 30g	206	49	0.0	0.0	11.9	9.5	0.4	0.8	0.33	
Dip Pot - Firepit Mayo 30g	351	84	5.7	0.8	7.8	5.1	0.4	1.5	0.87	
Dip Pot - Light Soya Sauce 30g	55	13	0.0	0.0	2.7	2.4	0.5	1.8	3.60	
Dip Pot - Sweet Chilli Sauce 30g	218	51	0.0	0.0	12.5	11.3	0.3	0.2	0.73	
Dip Pot - Combined Nutritional	251	60	1.6	0.5	10.9	8.3	0.3	1.1	1.16	

DRINKS

Pepsi 12 floz/355ml	625	149	0.0	0.0	39	39.1	0	0	0.00
Pepsi 16 floz/473ml	832	199	0.0	0.0	52	52.0	0	0	0.00
Pepsi 22 floz/651ml	1146	273	0.0	0.0	72	71.6	0	0	0.00
Pepsi Max 12 floz/355ml	5	1	0.0	0.0	0.0	0.0	0.0	0.0	0.07
Pepsi Max 16 floz/473ml	7	1	0.0	0.0	0.0	0.0	0.0	0.0	0.09
Pepsi Max 22 floz/651ml	9	2	0.0	0.0	0.0	0.0	0.0	0.0	0.13
Diet Pepsi 12 floz/355ml	7	1	0.0	0.0	0.0	0.0	0.0	0.0	0.18
Diet Pepsi 16 floz/473ml	9	2	0.0	0.0	0.0	0.0	0.0	0.0	0.84
Diet Pepsi 22 floz/651ml	13	3	0.0	0.0	0.0	0.0	0.0	0.0	0.33
Pepsi Max Cherry 12floz/355ml	11	2	0.0	0.0	0.0	0.0	0.0	0.0	0.18
Pepsi Max Cherry 16 floz/473ml	14	3	0.0	0.0	0.0	0.0	0.0	0.0	0.24
Pepsi Max Cherry 22 floz/651ml	20	5	0.0	0.0	0.0	0.0	0.0	0.0	0.33
Tango Orange Sugar Free 12 floz/355ml	18	4	0.0	0.0	0.0	0.0	0.0	0.0	0.43
Tango Orange Sugar Free 16 floz/473ml	24	5	0.0	0.0	0.0	0.0	0.0	0.0	0.57
Tango Orange Sugar Free 22 floz/651ml	33	7	0.0	0.0	0.0	0.0	0.0	0.0	0.78
7Up Free 12 floz/355ml	28	7	0.00	0.00	0.00	0.00	0.00	0.00	0.00
7Up Free 16 floz/473ml	38	9	0.00	0.00	0.00	0.00	0.00	0.00	0.00
7Up Free 22 floz/651ml	52	13	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cherry BIB per 100g/ml (as sold/unprepared)	12	3	0.00	0.00	0.80	0.00	0.00	0.00	0.00
Cherry 16oz Bottomless <b>NEW</b>	1	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Lime BIB per 100g/ml (as sold/unprepared)	9	2	0.00	0.00	0.50	0.50	0.00	0.00	0.00
Lime 16oz Bottomless <b>NEW</b>	1	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Strawberry BIB per 100g/ml (as sold/unprepared)	9	2	0.00	0.00	0.50	0.00	0.00	0.00	0.00
Strawberry 16oz Bottomless <b>NEW</b>	1	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Vanilla BIB per 100g/ml (as sold/unprepared)	9	2	0.00	0.00	0.50	0.00	0.00	0.00	0.00
Vanilla 16oz Bottomless <b>NEW</b>	1	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Red Bull Drink Original	192	46	0.0	0.0	11.0	11.0	0.0	0.0	0.10
Red Bull Drink Original	480	115	0	0	28	28	0	0	0
Red Bull Drink - Pink Forest Fruits Sugar Free	11	2	0.0	0.0	0.0	0.0	0.0	0.0	0.10
Red Bull Drink - Pink Forest Fruits Sugar Free	28	5	0	0	0	0	0	0	0
Red Bull Drink - Watermelon	188	45	0.0	0.0	11.0	11.0	0.0	0.0	0.10
Red Bull Drink - Watermelon	470	113	0	0	28	28	0	0	0
Robinsons Juice Drink - Apple, Orange and Mango 500ml	38	9	0.0	0.0	1.9	1.9	0.0	0.0	0.03
Fruit Shoot 275ml bottle	18	4	0.0	0.0	0.8	0.8	0.0	0.0	0.03
Liptons Ice Tea Lemon 500ml bottle	81	19	0.5	0.1	4.6	4.5	0.0	0.5	0.03
Iron Bru CAN 330ml		65	0.0	0.0		0.0			0.15
Pepsi CAN 330ml		135	0.0	0.0		36.3			0.03
Diet Pepsi CAN 330ml		2	0.0	0.0		0.0			0.17
Pepsi Max CAN 330ml		1	0.0	0.0		0.0			0.00
Pepsi Max Cherry CAN 330ml		2	0.0	0.0		0.0			0.00
7Up Sugar Free CAN 330ml		19	0.0	0.0		4.6			0.00
Tango Orange CAN 330ml		63	0.0	0.0		14.0			0.20
Tango Orange Sugar Free CAN 330ml		4	0.0	0.0		0.0			
Classic Coke 16 floz		201	0.0	0.0		0.0			
Classic Coke 20 floz		252	0.0	0.0		0.0			
Coke Zero 16 floz		2	0.0	0.0		0.0			
Coke Zero 20 floz		3	0.0	0.0		0.0			
Diet Coke 16 floz		1	0.0	0.0		0.0			
Diet Coke 20 floz		2	0.0	0.0		0.0			
Fanta regular 16 floz		91	0.0	0.0		0.0			
Fanta regular 20 floz		113	0.0	0.0		0.0			
Sprite Zero 16 floz		5	0.0	0.0		0.0			
Sprite Zero 20 floz		6	0.0	0.0		0.0			